
Tropical Cake

Ingredients

- 1 cup organic white flour
- 1 cup freshly milled whole grain soft white wheat flour
- ½ cup mini semi-sweet chocolate chips
- ½ cup sweetened shredded coconut
- 1 tsp baking powder
- 1 tsp baking soda
- 1 cup crushed pineapple with juice
- 2/3 cup mashed ripe bananas
- ½ cup packed brown sugar
- 2 eggs
- 2 tbsp high quality vegetable oil or coconut oil
- 1 tsp vanilla

Method

- Preheat oven to 350°F. Butter an 8×8 baking pan
- Combine both flours, chocolate chips, coconut, baking powder and baking soda in a large bowl.
- Whisk together pineapple, bananas, brown sugar, eggs, oil, and vanilla. Add wet ingredients to dry ingredients and stir until dry ingredients moistened.
- Pour batter into the prepared pan. Bake for 40 to 45 minutes.



Notes

Recipe adapted from The Looneyspoons Collection

