



Broccoli Sunflower Seed Salad

Ingredients:

Dressing:

1 cup mayonnaise
2 Tbsp. white vinegar
1/3 cup sugar

Salad:

2 (8-ounce) packages broccoli florets
1 cup sunflower seeds
1 medium red onion, chopped
1/2 cup mixed dried fruit
10 slices crisp bacon, crumbled
Salt to taste

Procedure:

In a small bowl, whisk together mayonnaise, vinegar, and sugar until smooth.

Place broccoli, sunflower seeds, red onion, dried fruit, and bacon in a large bowl. Add dressing and gently toss to combine. Refrigerate at least 4 hours or overnight before serving.

Yield: 10 to 12 servings

