

Breakfast Cookie

Ingredients:

Combine the follow ingredients in a microwave-safe bowl:

- 1/4 cup oats
- 1/8 cup liquid egg whites
- 2 tsp. brown sugar
- 2 tsp. whole grain flour (wheat, spelt)
- 1/4 tsp. vanilla extract
- 1/4 tsp. baking powder
- 1 Tbsp. raisins
- Cinnamon to taste



Preparation:

Scrape batter off the sides of the bowl and flatten into a cookie shape.

Cook in microwave for 45 seconds.

Allow to cool and enjoy!

YUM!!! This recipe is definitely a keeper! It's almost as delicious as the "real deal," but much more nutritious. And, most importantly, it satisfies my cookie cravings! 😊