



Emmer Cranberry Cookies

1 cup Fieldstone Organic Emmer, freshly ground into flour
1 tsp baking powder
¼ tsp baking soda
¼ tsp salt
¼ cup brown sugar
¼ cup ground toasted almonds
¼ cup roasted pumpkin seeds
¼ cup dried cranberries
¼ cup chocolate chips
¼ cup melted coconut oil
1/3 cup maple syrup
1 tsp vanilla

Preheat oven to 350 degrees.

Mix dry ingredients together. Make a well in the centre and add wet ingredients. Stir until mixed well.

Form into balls and place on lined cookie sheet.

Bake 12 minutes – until edges are slightly golden and still soft to the touch

